

Exclusive one-off offers from Helix Wellness

(1) **Physiotherapy - 20% off any ONE of the following sessions (one-off offer):**

Session	Original price (HKD)	Discounted price (HKD)
60 minutes	\$1,800.00	\$1,440.00
45 minutes	\$1,350.00	\$1,080.00

(2) **Personal Training - 10% off any ONE of the following packages (one-off offer)*:**

Package	Original price (HKD)	Discounted price (HKD)
12-session	\$12,960.00	\$11,664.00
24-Session	\$23,520.00	\$21,168.00

*Free consultation is available for customers who are interested in learning more about personal training services

PHYSIOTHERAPY

Pain Management



Injury Prevention



Movement Enhancement




**MOVE BETTER.
FEEL BETTER.
LOOK BETTER.**

Our physiotherapists and personal trainers are here to help you live a strong and pain free life.

Contact us today to start your health journey.

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☎ +852 6598 0008

✉ admin@helixwellness.com.hk

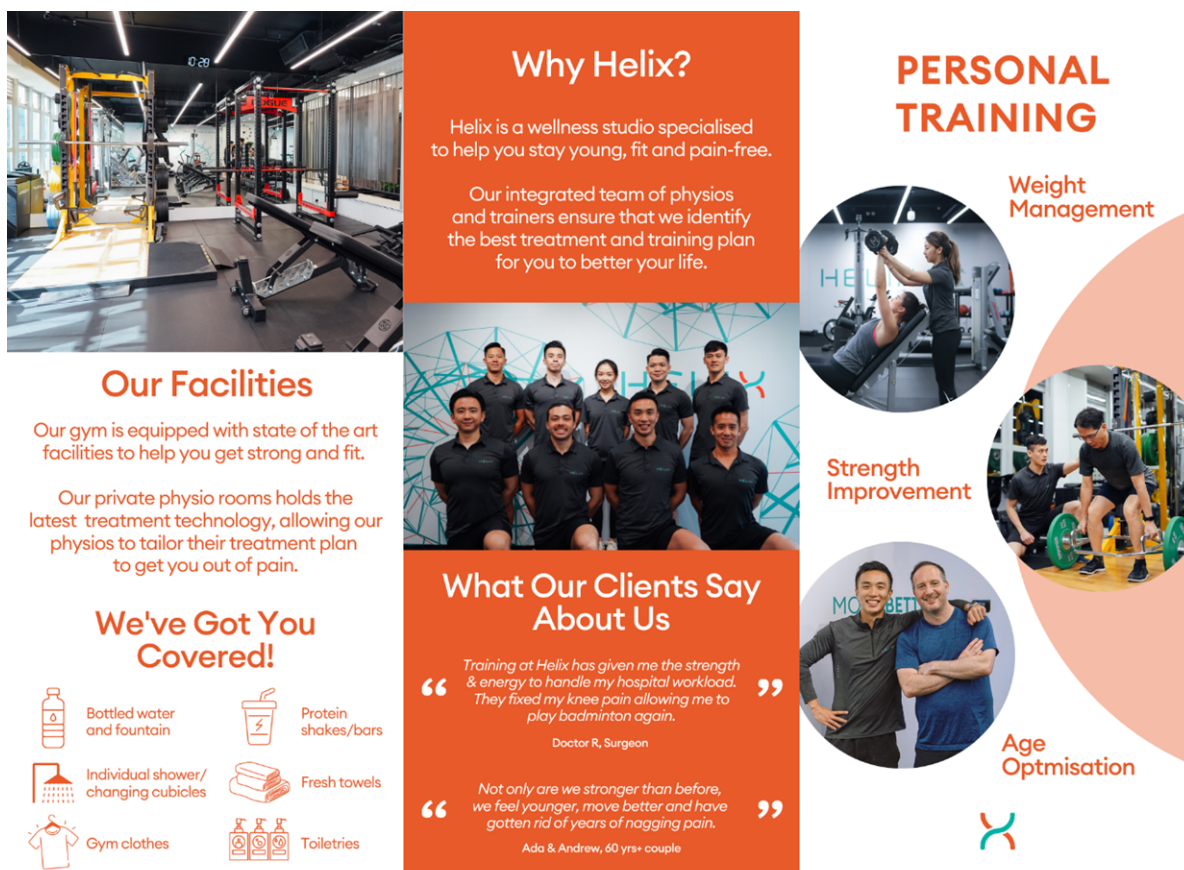
🌐 www.helixwellness.com.hk



Helix Wellness

Health to Xcellence

Premium Physiogym in Central



Why Helix?

Helix is a wellness studio specialised to help you stay young, fit and pain-free.

Our integrated team of physios and trainers ensure that we identify the best treatment and training plan for you to better your life.

Our Facilities

Our gym is equipped with state of the art facilities to help you get strong and fit.

Our private physio rooms holds the latest treatment technology, allowing our physios to tailor their treatment plan to get you out of pain.

We've Got You Covered!

- Bottled water and fountain
- Protein shakes/bars
- Individual shower/ changing cubicles
- Fresh towels
- Gym clothes
- Toiletries

What Our Clients Say About Us

“ Training at Helix has given me the strength & energy to handle my hospital workload. They fixed my knee pain allowing me to play badminton again. ”
 Doctor R, Surgeon

“ Not only are we stronger than before, we feel younger, move better and have gotten rid of years of nagging pain. ”
 Ada & Andrew, 60 yrs+ couple

PERSONAL TRAINING

- Weight Management
- Strength Improvement
- Age Optimisation

For more details about Helix Wellness, please visit its [official website](#).

To enjoy the offer:

Please present your Law Society membership card to a staff member of Helix Wellness when purchasing any sessions/packages.

Validity of the offer:

From now until 31 December 2023

Remarks:

1. Helix Wellness may design personalised contents for individual customers based on their needs and conditions. The prices above are standard pricing and may vary.
2. Offer (1) is only applicable to customers who have not joined any physiotherapy sessions before.
3. Offer (2) is only applicable to customers who have not joined any personal training packages before.

Enquiries:

Please contact Helix Wellness by phone at 6598 0008 or by email at admin@helixwellness.com.hk to book your physiotherapy session or free personal training consultation.