

MENTAL HEALTH WORKSHOP for Mediators

As a mediator, often facing emotional parties, would you like training and support in identifying and understanding mental health issues and learning how to support yourself and your clients?

We have designed a half day course, specifically for mediators, to give basic understanding of different mental health issues, so that you can promptly detect, and deal with them. We will teach you how to keep safe boundaries, how to advise your clients and know when to refer for help.

In addition, we will teach you skills for self care when dealing with other's emotions, how to keep yourself clear and focused, maintain your inner balance.

Venue: JMHO Siu Szeto Kit JP MBE Centre, 135 Kowloon City Rd, To Kwa Wan, Kowloon (To Kwa Wan MTR Exit A)

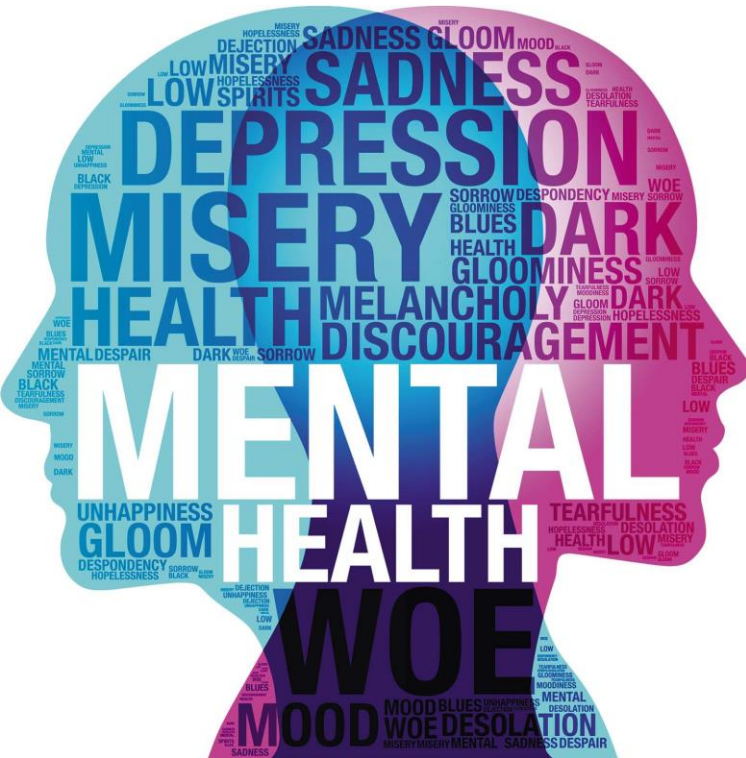
Date: 11 February, 2025 (Tue)

Course Fee HK\$900

Time: 2:30-6pm

CPD points are being applied for from the Law Society and HKMAAL. Seats are limited, apply early to avoid disappointment.

If you are interested, please fill in the Application Form. For any questions, kindly contact JMHO at 2901 1224 or email us at email@jointmediationhelpline.org.hk.



Speaker:
Dr Carlie Grindey
MENTAL HEALTH COUNSELLING, MIND & BODY COACHING/THERAPY AND CRANIOSACRAL THERAPY
BSc(Hons), MB.BS, MRCPCH, MRCPGP, DTM&H, BCST, Certified Heartmath Coach (UK)

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Application Form

I _____ am interested to attend the
Mental Health Workshop for Mediators.

My address is: _____

My mobile number: _____

My Email address is: _____

I am /am not an accredited mediator.

I do / do not need CPD point from Law Society of Hong Kong and / or HKMAAL.

Please find my cheque number _____ in the sum of \$900 made payable.
to J

Payee: Joint Mediation Helpline Office

Address: Room 322, 3/F, Wanchai Tower, 12 Harbour Road, Wan Chai, Hong Kong