####  21 December 2023

# RECREATION & SPORTS

# PRACTICE & CLASS TIMETABLE

The timetable below provides the practice and class schedules of the sports teams and recreational interest groups of the Recreation and Sports Committee (“RSC”) in the coming few weeks. The schedules are subject to changes, and the venues may have capacity limits. The teams/groups reserve the right to alter any arrangements, or otherwise cancel any sessions without prior notice when circumstances dictate.

Participants may be required to bring their own equipment e.g. rackets, to the practice sessions and classes, and are advised to check with relevant teams/groups on arrangements and requirements.

Apart from the following practice sessions and classes, the RSC also offers a wide range of activities, including friendly matches, external competitions, leisure activities, and many more. Please click [here](https://calendar.google.com/calendar/embed?src=77df30098796c1d3deb2e638de918dfa08ae03397812dc45edccbafb85174fd7%40group.calendar.google.com&ctz=Asia%2FHong_Kong) to view the full calendar for all RSC activities. Members are also welcome to subscribe to the calendar by completing this [online form](https://forms.gle/tweecpjVUWJe4MZJA). For enquiries, please contact RnS@hklawsoc.org.hk.

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| **Martial Arts** |
| Practice (Please register with the team/group before attending the practice session(s)) |
| Wed 27 Dec 23 | 8 pm – 10 pm | Taikoo Shing |
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| **Running** |
| Class (Please refer to the relevant circular for registration and payment details for the following class session(s)) |
| Mon 8 Jan 24 | 7:30 pm – 9 pm | Central Waterfront Promenade |
| Mon 15 Jan 24 | 7:30 pm – 9 pm | Central Waterfront Promenade |
| Mon 22 Jan 24 | 7:30 pm – 9 pm | Central Waterfront Promenade |
| Mon 29 Jan 24 | 7:30 pm – 9 pm | Central Waterfront Promenade |
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| **Snooker** |
| Practice (Please register with the team/group before attending the practice session(s)) |
| Wed 27 Dec 23 | 7:30 pm – 10:30 pm | World Snooker 1471st Floor, Midland Plaza, 328 Queen's Road Central, Hong Kong |

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| **Table Tennis** |
| Class (Registration is closed for the following class session(s)) |
| Thu 21 Dec 23 | 8 pm – 10 pm | Hong Kong Park Sports Centre29 Cotton Tree Drive, Central |
| Thu 28 Dec 23 | 8 pm – 10 pm | Hong Kong Park Sports Centre |
| Class (Please refer to the relevant circular for registration and payment details for the following class session(s)) |
| Thu 4 Jan 24 | 8 pm – 10 pm | Hong Kong Park Sports Centre |
| Thu 11 Jan 24 | 8 pm – 10 pm | Hong Kong Park Sports Centre |
| Thu 18 Jan 24 | 8 pm – 10 pm | Hong Kong Park Sports Centre |
| Thu 25 Jan 24 | 8 pm – 10 pm | Hong Kong Park Sports Centre |
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| **Tennis** |
| Practice (Please register with the team/group before attending the practice session(s)) |
| Wed 27 Dec 23 | 9 pm – 11 pm | Hong Kong Tennis Centre133 Wong Nai Chung Gap Road, Wan Chai, Hong Kong |